



NORTHSIDE HOSPITAL
RADIOLOGY SERVICES

Patient Instructions for
CT Biopsy Procedures

Confirmation #: _____

Appointment:

____ / ____ / ____

____ : ____ AM/PM

Patient Name: _____

Ordering Physician: _____

Before the Biopsy:

- Any recent x-ray studies pertaining to the biopsy should be brought or sent to the Radiology Department at the hospital 48 hours prior to the biopsy appointment.
- You will need someone to drive you home following the biopsy.
- If you are taking Coumadin®, Plavix®, or Ticlid®, you should stop it five days prior to the procedure.
- If you are taking aspirin daily, you should stop it seven days prior to the procedure.
- If you are taking over the counter pain medication which include non-steriodal anti-inflammatory products (Motrin, Advil), stop taking these medications five days prior to the procedure.
- If you are unable to comply with the medication instructions listed above, please call Radiology Nursing at 404-851-6555 to determine if your biopsy should be re-scheduled or if special arrangements need to be made.

The night before:

- Eat nothing after midnight the night before the procedure.

The morning of:

- If you are a diabetic and take insulin, take half of your normal dose. Your sugar level will be monitored while you are at NSH.
- Take your normal medications (other than the medications listed above) the day of the procedure with a small amount of water.
- Report to Admissions on the first floor of NSH two hours prior to your appointment time.
- BRING WITH YOU:
 - Your insurance card
 - Physician orders or other paper work (if you have them).
 - Photo I.D.

The Biopsy:

The preparation:

- It takes approximately 2 hours to prepare for the biopsy. Paper work, a medical assessment and lab tests will need to be completed prior to the procedure. An IV will be started for sedation during the biopsy.
- The Radiology Technologist or nurse assisting with your biopsy will describe the procedure to you before it starts.
- The Radiologist will answer any questions and concerns you may have.

The Procedure:

- It will take approximately 1 hour to do the biopsy.
- A limited CT scan will be done to image the biopsy area.
- In most cases, you will receive medicine through your IV to relax you as well as an injection to numb the insertion site.

After the Biopsy:

- You will be taken to a recovery area, where you will stay approximately 4 hours.
- You may have follow up x-rays after the biopsy.
- Typically, you will be allowed to eat and drink in the recovery area.

Care at home:

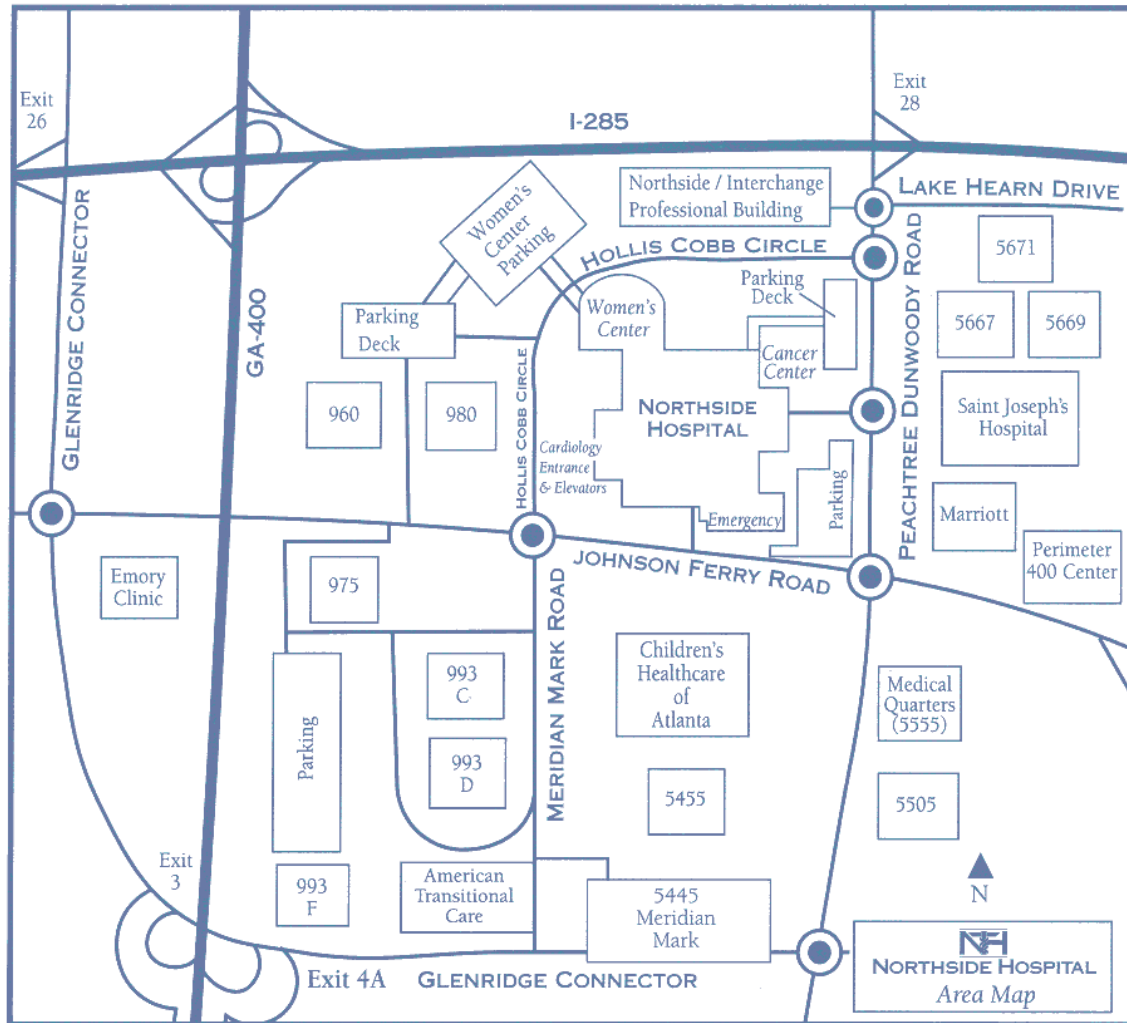
- You will be given instructions on care of the biopsy site prior to discharge.
- You must rest in bed for the remainder of the day.
- You may resume some of your activities the following day, but any strenuous physical work should not be attempted for three days.
- You may resume most normal activities on the second day after the biopsy.
- You may resume taking your Heparin, Coumadin®, or any aspirin products three days after your biopsy.

Problems:

- Any pain you have should be relieved with Tylenol®. Do not take any aspirin products for at least three days after the biopsy.
- If you have any questions or concerns after the biopsy call a Radiology Nurse at 404-851-6555 or your private physician.
- If acute problems arise seek immediate medical attention.

Results:

- Contact the physician that ordered the biopsy for the results.
- Results typically take one day to be available, but can take up to three days depending on the pathology.



Directions to Northside Hospital:

From I-285 going east:

Take exit 26 and turn right on the Glenridge Connector. Take a left at the light on Johnson Ferry Road. The hospital will be on your left. Just past the second traffic light.

From I-285 going west:

Take exit 28 and turn left on Peachtree Dunwoody Road. Turn right at the light on Johnson Ferry Road. The hospital will be on your right.

**From GA 400:
(North or South)**

Take exit 3 (if going South) or exit 4A (if going North) and turn left on the Glenridge Connector. Take a right at the light on Johnson Ferry Road. The main entrance to the hospital is on the left just past the second traffic light.

For more information, call Northside Hospital at 404-851-8000.

Directions Line: 404-303-3900

**Northside Hospital
Radiology Services**

1000 Johnson Ferry RD NE
Atlanta, GA 30342

Telephone Numbers

Radiology Scheduling	Centralized Scheduling (404) 851-6577 Phone (404) 851-6188 Fax
Radiology Patient Line	(404) 851-6887, #1
Business Office	(404) 851-6500
Film / Report Line	(404) 851-6347
Doctor Matching <small>(free physician referral service)</small>	(404) 851-8817
Main Radiology	(404) 851-8820